

Title of session: Updates in Psychiatry – Ketamine; Iowa Medical Cannabidiol Program

Workshop description: We will discuss new and still-developing medical treatments for mental health disorders, specifically ketamine and also cannabis.

Learning objectives: Participants will be able to describe the hopes and concerns surrounding each treatment. Participants will also be able to provide specific sources to help themselves and their clients learn more.

Presenter bio (summary for our registration brochure): David F. Widity, MD, is board-certified in General and in Child & Adolescent Psychiatry. He provides psychiatric services part-time for Washington Mental Health Center via Hillcrest Family Services. The majority of his time he works for a private practice of psychologists in Iowa City, IA: Gersh, Hartson, Payne, Hoffman & Associates, P.C. This is his first time presenting at an Iowa Psychological Association Conference.

CV: See included PDF file.

Presenter headshot:



Relevant supporting references (empirical articles): These will be supplied to attending participants.

Space set-up requests (if other than classroom): The ability to project PowerPoint slides from a computer.

Special disability/dietary needs: None.